

# COMMONWEALTH of VIRGINIA



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## The Basics

- Formal name is Enterovirus D68 (EV-D68)
- This virus is very common and there are more than 100 types.
- It is estimated that 10 to 15 million enterovirus infections happen each year in the US.
- Infected people may have no symptoms or only mild symptoms, but some infections can become serious.
- Infants, children, and teenagers are most likely to get infected with enteroviruses and become sick.
- Most enterovirus infections in the United States occur seasonally during the summer and fall.
- Those with chronic lung conditions, such as children with asthma, may have more severe symptoms and could require being admitted to the hospital.

## Symptoms

- Reported to cause mild to severe respiratory illness, similar to a cold. But the full symptoms of EV-D68 are not well known.

## How is It Spread?

- Likely spreads from person to person when an infected person coughs, sneezes or touches surfaces.

## Treatment

- There is no specific treatment for EV-D68.
- Many infections will be mild.
- Some infections will be more serious and will need special care.
- There are no antiviral medications.

The best way to protect yourself and your family from EV-D68 and other viruses is to practice proper hand washing.